BEAUTY, TRENDS

# YOU CAN NOW TURN BACK THE CLOCK ON BIOLOGICAL AGEING THANKS TO BIO-R FEMALE HEALTH BLUEPRINT.

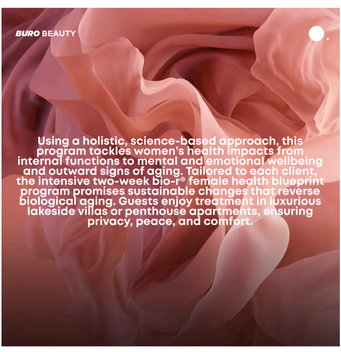
July 22, 2024
JESSICA BOUNNI

WHAT IS IT?

Experience the transformative power of the BIO-R® Female Health Blueprint programme tailored to your unique needs. Gain renewed energy, achieve balance both physically and emotionally, sharpen your cognitive abilities, and unveil a fresher, more youthful appearance. This comprehensive approach not only reverses symptoms like weight fluctuations, sleep disorders, and muscle loss but also establishes sustainable habits in nutrition, exercise, and lifestyle. By enhancing your healthspan, it reduces the risk of chronic diseases such as diabetes, thyroid issues, and cardiovascular conditions, empowering you to live your healthiest life.

RECOMMENDED

CHARLOTTE TILBURY TAKES THE CROWN AS THE UAE'S FAVORITE BEAUTY BRAND IN 2024.

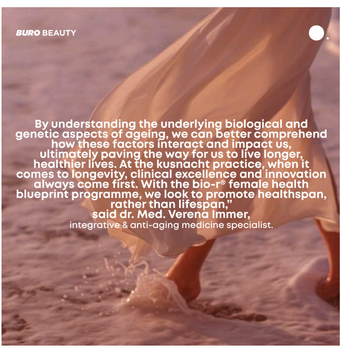



WHERE TO DO IT?

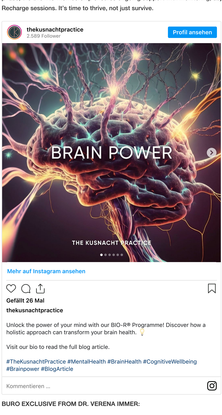
Introducing the groundbreaking BIO-R® Female Health Blueprint programme at The Kusnacht Practice, renowned as the world's foremost private treatment center. This exclusive offering embraces a holistic, science-driven approach to combat the effects of aging on women's health. From enhancing internal functions to nurturing mental and emotional wellbeing, and rejuvenating outward appearance, every aspect is meticulously tailored to each client. Experience sustainable transformations that can truly reverse biological aging, setting a new standard in personalized wellness.

MORE ABOUT THE TREATMENT:

The Kusnacht Practice's mission is to redefine longevity by focusing on healthspan, not just lifespan. While women typically outlive men by five years in the Western world, they also endure more years in poor health, 19 compared to 15 for men. The BIO-R® Female Health Blueprint tackles this head-on, addressing crucial aspects like hormonal balance often overlooked in medical research.




This intensive two-week programme, available in Zurich and Geneva, offers a transformative experience. Whether in their serene lakeside villas or penthouse apartments, clients enjoy unparalleled privacy, tranquility, and luxury. Before embarking on this journey, each client undergoes thorough testing to tailor their treatment plan precisely. After the initial phase, the BIO-R® membership ensures ongoing support with monitoring, adjustments, and bi-annual BIO-R® Recharge sessions. It's time to thrive, not just survive.




BURO EXCLUSIVE FROM DR. VERENA IMMER:

Emerging scientific research on ageing has led to the development of various strategies to increase longevity and we have seen huge advances in the field in recent years. By understanding the underlying biological and genetic aspects of ageing, we can better comprehend how these factors interact and impact us, ultimately paving the way for us to live longer, healthier lives. At The Kusnacht Practice, when it comes to Longevity, clinical excellence and innovation always come first. With the BIO-R® Female Health Blueprint programme, we look to promote healthspan, rather than lifespan," said Dr. med. Verena Immer, Integrative & Anti-Aging Medicine Specialist.

ALSO READ: FLUSHED CHEEKS & GLOSSY POUTS: THE 5 BEAUTY TRENDS THAT ARE DEFINING SUMMER 2024.

BEAUTY, TRENDS

BEAUTY
October 21, 2024
COLLAGEN HAIR TREATMENT: UNLOCK SILKY PERFECTION.

BEAUTY
October 18, 2024
CAVIAR HAIR TREATMENT: REVITALIZE YOUR HAIR!

BEAUTY
October 18, 2024
THE BEST WAY TO USE BIOTIN FOR HAIR GROWTH: EFFECTIVE TIPS AND RECOMMENDED PRODUCTS.

< FLUSHED CHEEKS & GLOSSY POUTS: THE 5 BEAUTY TRENDS THAT ARE DEFINING SUMMER 2024.

BEST PERFUME FOR MEN: THE MUST-HAVE SCENTS OF THE SEASON. >



SUBSCRIBE TO OUR NEWSLETTER

Be in the know and join our inner circle of style mavens, innovators, art lovers and tech-aficionados.

Your Email *